



# ANANTARA

## SPA

SIGNATURE EXPERIENCES	MIN	USD	ACUPUNCTURE	MIN	USD
Himalayan Thermal Therapy	90	135	3 Sessions	3 * 30	100
Kalutara King Coconut Delight	120	180	5 Sessions	5 * 30	150
Anantara Kalutara Tea Journey	180	220			

COUPLES' QUALITY TIME	MIN	USD	FAMILY SPA EXPERIENCES	MIN	USD
Private Time For Two	100	210	Mum & Me Pampering	60	145
Couples Retreat	130	320	Dad & Me Time Out	60	145
Sri Lankan Romance	180	430			
In-Room Slumber Guru Experience	70	140			

MASSAGES	MIN	USD	JUNIOR SPA EXPERIENCES	MIN	USD
Anantara Signature Massage	90	140	Coconut Hot Oil Scalp Massage	30	45
Stress Release Massage	60 / 90	100 / 125	Body Soft Touch	30	45
Traditional Thai Massage	60 / 90	100 / 125	Foot Massage	30	45
Deep Muscle Massage	60 / 90	100 / 125	Mini Manicure	30	25
Hotstone Massage	60 / 90	100 / 125	Mini Pedicure	30	25
Peaceful Pregnancy Massage	60 / 90	100 / 125			

FACIALS	MIN	USD	TREATMENTS	MIN	USD
Aromatherapy Facial	60	110	Bastien Manicure	45	65
Moringa Anti Ageing Facial	75	140	Bastien Pedicure	60	85
Acupressure Facial	75	140	Bastien Duo	75	130
			Nail Brightness	35	60

ADDITIONAL TOUCHES	MIN	USD	SPECIAL ADD ONS	MIN	USD
Head Massage	30	40	Paraffin Touch	20	20
Back, Neck And Shoulders Massage	30	40	Colour Touch	15	25
Body Scrub	30	40	French Touch	20	30
Body Wrap	30	40	Black Diamond Scrub Touch	15	20
Sun Salutation (Prep And/Or Post)	30	40			

AYURVEDIC WELLNESS EXPERIENCES	MIN	USD	PEDICURE & MANICURE STUDIO by BASTIEN GONZALEZ		
Pinda Sweda	90	135			
Abhyanga	60	100			
Pada Abhyanga	60	100			
Shirodhara	60	120			
Udwarthanam	60	100			
Lepana	60	100			

Prices are in US Dollars and are nett, inclusive of applicable taxes.  
 Prices are subject to change without notice.  
 Advanced reservations are highly recommended.  
 If in-house, dial ext. 6500 between 9.00 am and 6.00 pm for enquiries or reservations.

## SPA ETIQUETTE

- Please arrive at reception 15 minutes prior to your appointment to fill in your wellbeing assessment form. We regret that late arrivals will not receive an extension of treatment time.
- All treatments will be charged to your room and will appear on your account summary upon check-out.
- Please give us four hours' cancellation notice on individual treatments, and 24 hours' notice on spa packages. Without this notification, 50% of the total price will be charged to your account.
- We recommend that all your valuables and personal belongings be locked in the safety box provided in your room.
- For gentlemen, shaving is recommended prior to any facial treatments to ensure that maximum results are achieved.
- Guests who are pregnant or suffering from high blood pressure, heart conditions, allergies or any other medical complications are advised to consult a doctor before reserving any treatments. Please notify our spa receptionist if you have any existing medical conditions.
- We recommend that you refrain from sunbathing after an aromatherapy treatment.
- Anantara Spa is unsuitable for young children unless receiving spa treatments. Please note that children under the age of 16 undergoing treatments must be accompanied by a parent or guardian.
- Anantara Spa is a non-smoking facility and the use of mobile phones is not permitted. Our spa is also WiFi free as we encourage disconnecting from technology to rest your mind and to reconnect with yourself.
- Advanced reservations are highly recommended.  
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From outside, contact the resort at +94 34 222 0222 or [spa.akal@anantara.com](mailto:spa.akal@anantara.com).